


# DECEMBER



**No Alternate Meals during the month of December. Drive thru pick up lunches only.  
 Please call before 1pm the day before to order your meal. 801-769-8625**

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Low fat milk (12) is provided with each meal Numbers in parentheses represent carbohydrate count Suggested Donation of \$3	<b>1 Rigatoni Pasta with Meat Sauce (25)</b> Fresh Baked Garlic Roll (15) Seasoned Green Beans (02) Fresh Baked Cookie (67) Fresh Local Apple (28) <b>DOUBLE MEAL DAY</b>		<b>3 Three Bean Beef Chili (3)</b> Garden Green Salad (2) Corn Bread (28) Baked Fruit Crisp (67) <b>DOUBLE MEAL DAY</b>	
<b>7 Swedish Meatballs (39)</b> Rice (21) Carrots (06) Pears (14) Fresh Baked Roll (16) <b>SINGLE MEAL DAY</b>	<b>8 Corn Chowder (22)</b> Green Beans (11) Cinnamon Apple Sauce (14) Fresh Baked Roll (16) <b>DOUBLE MEAL DAY</b>		<b>10 Sweet and Sour Chicken (30)</b> Steamed White Rice (21) Stir Fried Vegetables (12) Fruit Cocktail (8) Fresh Baked Roll (15) <b>SINGLE MEAL DAY</b>	<b>11 Christmas Day Meal</b> <b>Roast Turkey Breast (03)</b> Garlic Mashed Potatoes & Turkey Gravy (25) Carrots (06) Fresh Baked Roll (15) Cranberry Sauce (22) Pumpkin Cookie (20)
<b>14 Country Fried Steak (4)</b> Mashed Potatoes & Gravy (27) Mixed Vegetables (12) Fresh Baked Roll (15) Cottage Cheese & Fruit (12) <b>SINGLE MEAL DAY</b>	<b>15 Teriyaki Chicken Bowl (08)</b> Steamed Brown Rice (21) Fresh Steamed Broccoli (04) Orange (22) Fresh Baked Roll (15) <b>DOUBLE MEAL DAY</b>		<b>17 Hearty Beef and Vegie Stew(14)</b> Fresh Green Salad (2) Fresh Cornbread (33) Fresh Local Apple (28) Cookie Bar (67) <b>DOUBLE MEAL DAY</b>	
<b>21 Salisbury Steak (05)</b> Garlic Mashed Potatoes/Gravy (27) Mixed Vegetables (12) Jackie's Cake (28) Fresh Baked Roll (15) <b>SINGLE MEAL DAY</b>	<b>22 Savory Chicken Salad Wrap (18)</b> Italian Pasta Salad (20) Kosher Pickle Spears (00) Diced Pears (19) <b>SINGLE MEAL DAY</b>	<b>23 Malibu Chicken with Honey Mustard Sauce (08)</b> Au Gratin Potatoes (22) Seasoned Green Beans (02) Fresh Baked Roll (16) Mandarin Oranges (11) <b>DOUBLE MEAL DAY</b>	24 <b>NO MEAL</b>	25  <b>NO MEAL</b>
<b>28 Chicken Parmesan Basil Marinara Sauce and Spaghetti (30)</b> Seasoned Green Beans (02) Cinnamon Apple crisp (67) Fresh Baked Roll (15) <b>SINGLE MEAL DAY</b>	<b>29 Roast Pork Loin (0)</b> Herb Roasted Baby Potatoes (15) Sugar Glazed Carrots (11) Jell-O with Fruit (9) Fresh Baked Roll (16) <b>SINGLE MEAL DAY</b>	<b>30 Santa Fe Shredded Turkey Brown Rice (30)</b> Roasted Corn (14)Black Beans (23) Fresh Baked Roll (16) Orange (22) <b>DOUBLE MEAL DAY</b>	31 <b>NO MEAL</b>	