

TIMPANOGOS HIGH SCHOOL AND LINDON CARES

present

TABLE TALKS

FREE LUNCH & GIVEAWAYS

FOR PARENTS & CAREGIVERS

WEDNESDAY
FEB 28

WEDNESDAY
MAR 20



**BODY IMAGE AND
TEEN IDENTITY**

Allan Pauole has been a licensed clinical mental health counselor for over 15 years. He has extensive training in MI, DBT, TF-CBT and EMDR. He has a strong interest in working with teens and college age adults as these are challenging and unique transition phases.

Please RSVP using the QR code for food count



**TEACHING YOUR CHILD
CONSENT**

Consent is about so much more than sex. Practicing and honoring consent is essential to navigating relationships and interactions throughout life. This discussion explores the powerful principles of consent and how they can help us empower children, foster healthy relationships in our families, and reduce the risk of sexual abuse.



**12:15PM
MEDIA CENTER**