

# Strengthen Your Relationships



## **FREE WORKSHOP** *for parents of kids aged 9-14*



**GUIDING  
GOOD CHOICES**

**Dinner for the  
whole family**

**\*\$50 gift basket**

\*Must be able to  
attend all 5 sessions

**Childcare for  
ages 8 and under**

**Activities for  
ages 9 and up**

**MONDAYS 6PM-8PM**  
**LINDON COMMUNITY CENTER**  
**25 N Main St Lindon**

Oct. 6

Oct. 13

Oct. 27

Nov. 3

Nov. 10

*Sign up now!*

### **Questions?**

Contact Jamie  
801-755-7286  
jjensen@lindon.gov



Guiding Good Choices gives families information and tools that work to protect preteens and teens from the inevitable risks they encounter as they become more independent. Families will learn ways to build or maintain lasting relationships, because teenagers who are more closely connected to their families have better health and educational outcomes.

THIS NO-COST  
WORKSHOP IS  
SPONSORED BY:

